

HUMAN DEVELOPMENT AND FAMILY PROCESSES

*What we give to our children now, will give them
to the next generation*



HUMAN DEVELOPMENT AND FAMILY PROCESSES*

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I want to express some fundamental principles for the structuring of early normal psyche. Only after knowing and being truly convinced of the importance for the future lives of men and women we can make proposals about how to intervene and ease the plight of children who are subjected of his family nucleus outbreak.

A few years ago in popular language and also in legal one child below seven years were not removed from their mothers. We heard about children from illegitimate links belong to the mother. After all the mother does was legitimate and in most case stay with the child.

Our grandmothers didn't doubt about their importance as mothers and the grandfathers a little bit excluded of this labors view favorably this dedication of them. This believes and rules encourage the mental health of the childhood. But in the last few years we have seen a confusion in parental rolls, a weakening on mother son relationship and a fight between mother and father for the child custody with the consistent damage to the son.

I want to express the main principles of the human develop:

1. Our personality takes its structure during the seven early years of our lives.
2. Up to the sixth year of age is developed the 70 percentage of the intelligence. Its develop is pending of the mother's health during the pregnancy and the enough nutrients, adequate and appropriate for child growth. The less age, the more injury if there is the lack of them. Also, the children demand wealth of sensory stimuli (audio, visual, tactile). For that reason, a legal food process can not take more than a few hours, its immediate compliance and its enough claims. Derisory amounts do not serve.
3. From year and a half to the third of age we get the basic nucleus of the moral and the basis for continuing forming it until the thirteen years. It is demanding the presence of the "enough and good father" in the familiar nucleus, as a representative of the other half of the universe in order the child incorporate this harmony in the ethic and the moral given by mother and father together.
4. During the two first years of life and thanks to the symbiotic and close relation mother son we forge the quality of the affective life and we continue sowing until the teenage, stage where we test our capacity for the well intimacy, maximum fond expression.

There are familiar rolls set by the biology, the psychology and the culture. Is the woman due to the gestation process and this difference with the man, lives during nine months in the most perfect unit with her son. At birth is her who knows him the most and

weather is not obstacles establish with him a DIADA, prerequisite for keeping the well link mother son.

A healthy mother considers her son as a herself prolongation, psychological arrangement that let her handing and generosity to her newborn. This handing and generosity can be expected if the woman is protected, because in this moment is helpless. Any pregnant woman, in postpartum or breastfeeding should be alone. It might not miss the father of her son, her familiar nucleus and the right and effective laws protecting her while she meets the social work of motherhood. In our culture is weak this protection to the woman, the pseudo equality pretends equate her to the man and her has enter to this competitive game with him.

Develop Stages

The first contact of the newborn with the world, in normal situation, is oral, by suction to mother breast. From the third month of age a child who has had a good relation with her mother begins to recognize her and from six months he notices her as different from him. Is the psychological birth of the baby. Mother and son stop being only one. They left the DIADA. It begins the symbiosis process. Margaret Mahler¹ deepens in this subject and call it individualization – separation process that goes until the four years of age. During this time the child is tolerating periods each time longer of separation with her mother.

The eighth month of life brings a reward. The baby recognizes his mother and his family including his father weather he has been present. Begins the objetal stage. The human being begins to recognize and relate with the others, due to recognize his own individuality and existence. A normal baby presents the reaction to strange people, called also anguish of the eight month or separation anguish. When the child is carried or left with strange people the child reacts crying and fear. Is the child called elusive or “normal”. This response is more intensive if the mother is not close. Unfortunately the parents do not perceive from their kids this responses because they are not present. Is their absence the unfetter factor .

During the first eight months of baby's life the mother only should leave taking advantage of the baby sleep. I have reviewed unfortunate cases of infants who have being fifteen days with the mother and fifteen days with the father ... and other, six months with the father and six months with the mother. Damage for affective life of this babies is almost unfixable.

In 1963 it was published the valuable text of Rene Spitz (The first year of babies life). Its author pediatrician psychiatrist and child psychoanalyst, belonging to his investigations speak about the infants illness produced by the partial or complete mother's absence. In his investigations he saw 170 cases of children who have had good relation with

¹ Mahler, Margaret, *Simbiose humaine et individuation: psychose infantile*, Geneve Payot, 1973

her mothers their first seven life months and in the second half of the first year they lost them. They develop the syndrome called Anaclitical depression that take place in the first three months of the mother's absence and that keep causing progressive deterioration. The babies begins to present crying, aflixion and sadness, followed by the isolation in the second month, the loose of weight, the insomnia, psychomotor delay and chronic sickness, usually infectious. We have seen this kind of cases in infants examined in the institute that being in father's custody have been given to other person care. Up to the third month of being lonely the babies acquire facial rigidity, lost sight, distant, bewildered, with difficulty for establishing interpersonal contact. If the mother reappears the case gets better, but it leaves scars of the traumatic event. I have seen the case of mothers that desperate by marital conflict situation, leave temporarily her son and return beside her baby is almost impossible. With the total absence it can reach the affective indigence and even the death. One of the most harmful events of the affection absence is the decrease of the capacity in this infants for then take the parental job when they grow up. Is the logarithmic growth of the emocional alteration.

The next achievement in human development is to walk, which allow the child obtain autonomy and independence. Is his first voluntary departure from his mother, but still needing her to a void the risks that world exploration carry.

With the arrival of the second year of age the child acquires the PERMANENCE OBJECT. Is one achievement of intellectual maturity of the child studied by Jean Piaget² who demonstrates that up to this age the infant enjoy with the game of the hidden object.

Because he has progressed intellectually, he understands that the objects exists even they are not visible. He understands that the mother disappears of the environment, but returns. If the develop has been normal until now, the mother can leave the infant to go to job, by short periods. Not so advisable but could the infant go to a good garden. The most satisfactory has been the relation mother son in the first months of life, its easier to produce the gradual separation in two different people. Is a great personal and social investment the dedicated time in the first two years to the baby. The cost benefit relation is good for the parents and obviously for the society. For this reason more social developed countries have established enlarged maternity licenses to the first two years of infant life. With no doubt they will decrease the number of sick adults kept in clinics and locked in jails.

During the second and third year of age of the child he leaves the mother for short periods. But she should be near to him, in order to keep her as toehold and reference if necessary.

Martha Harris and partners of the Tavistock clinic in London, in 1973, published important knowledge in her book "your son year to year". About the child of second and third year, they advise that if the mother is who needs to leave, is important that

2 Piaget Jean *Psicology of the intelligence* Buenos Aires 1976

the child be left in a familiar place with people he knows well. The father could be that person or the grandmas. If the separation is too long the child reacts with anger with the mother. He does not give good reception when she returns, but it seems he does not recognize her. This result painful for the mother and reflects child disappointment for leaving him. All separation will be interpreted by him as a rejection, and its need to be patient during certain time to establish the lost relation.

In the couples that have good relation between spouses, this situations can be happily overcome with the other spouse help. In conflict couples we have seen this situation used by men for his own benefit. He can manipulate to the judicial officers and with a false interpretation of mother's behavior set the tenure process to his favor. A temporarily interrupted link on this age is possible to improve. If the voluntary or involuntary separation prolongs with time the psyche damage will be irreversible.

The four year old child is widely known as the pre-scholar that can go the garden on eight hours periods. He needs adequate management for his entrance to the kinder in order not to appear the cases called school phobia. This cases represent truly anxiety for the home separation. A normal child could enter happily to this age to his pre- scholar life.

For the child of five years old stay all night long outside of his home is a great adventure. To helping him he must carry his favorite toy. Is the TRANSITIONAL OBJECT studied by D.W. Winnicott³. Is the representative of the good relation that has the child with his mother. The same that at four years old he will have anxiety with strange people, he could suffer bed wetting and sleeping and eating disruption. This tragedies that the child suffer when leaving home make him doesn't want to repeat the outgoing.

Children separated of his homes at this ages, even with his father, begin an outgoing phobia and fear to his father. And even in cases of children that have so far good relation with his father finish with getting away, after a custody process or a visiting arrangements that doesn't consider the previous requirements.

In six years old children, have been founded that they want to get away for a brief period of time, one week apart from his parents, and when they come back, they show anger. What they really want was go with them. When they come back they show misbehave and resentful as imposing punishment for letting them go alone.

John Bowlby⁴ in his text sponsored by the World Health Organization with the name of "Maternal Cares and Mental Health", he wrote on 1952 that "no even governments, no institutions, and public opinion, was convinced as they should that maternal care in childhood and infancy is so important for mental health as the vitamins and protein for physic health". He dedicate his life to the study of the emotional damage suffered

³ Winnicot, Donald W. *Psychoanalitics Explorations*. I. Paidos. Barcelona, 1991. pg.72

⁴ Bowlby, John. *Maternal Cares and Mental health*. Humanitas Publishing house. Buenos Aires.

by the child separated from his mother and spoke about the EIGHT FIRST YEARS as determinants for mental health. Not for this must finish here the relationship of the mother with her son.

Would not be understandable that existing until the eight years a normal way in the development, this would be truncated by decisions unrelated to the mother or the child. Even in teenage cases have been reported severe psychotic episodes triggered by the mother's death. The card " Mom without you I'll die" was wrote by a ten years old normal mental health child. Insisted by Bowlby the value of the paternal role because only the economic and affective support that the husband gives to the wife will make that the mother dedicates totally to her son's care. "The affection and company that the father provides in home is the prerequisite for happiness and the emotional balance that the mother needs to dedicate herself to take care of her son. The abandonment of the home by the father brings with it the twin problem of the deprivation of affection from mother to child and the resulting emotional injury".

A healthy man encourages and promotes the relation of his child with his mother. Do not displace or compete with her.

The maternal and paternal rolls are not the same, they are complementary. A parent does not replace the other. Is more laborious the role of motherhood than the fatherhood. For that reason the mother must receive help, not censorship. She must and could be helped with the other housework, but in care and contact with her child her place and function are irreplaceable. Only her death or a gross mental illness with the assent with enough suitability can justify her absence. Is necessary to came back to recognize the difference between maternal and paternal rolls. We should not get confuse with headlines as "what a good mother is my father".

Of house works that her wife, a little bit infant did not . Came the disagreements and the impending separation. This work and support of the man turn into sword for her and her girl. All the witnesses spoke about the great dedication from him to his home. Why another woman or mother for this two years old girl? The father wins the custody. I wonder what will be for this girl in his identity figures?

As corollary, the separation between parents with children under the eight years should not be consider. Unless a psychiatric opinion enough qualified advise a separation. The most early in child's life suffers the separation, the higher will be the emotional damage. After the eight years of age, it means ending the childhood and close to the puberty, children are able to leave his home by short periods: shopping, a restaurant, recreation activity, coming back the same day. Outgoing larger than fifteen days or more out of the home can be up to puberty and with more confidence in the adolescence. In the separation cases the minors must continue with a base home, stable and with the respectful and protective communication of the other parent.

There is a very special age. The called oedipal phase: from three to five years. With reason have been said that the family is the society cell. On it we found a micro universe with several possibilities of triangle relations father – mother – son. In a well formed home each father is responsible of a double function. Serve as a model of identification to the child of his same sex and idealized partner and receiving the affectionate feelings of the other sex. When is missing one of the adult elements of the triangle, the child fails in the normal resolution of the oedipal situation and his pathology will go from the sexual repression until the severe cases of sociopathy and some sexual deviations, as homosexuality, with an inverted oedipal: children that idealize the parent of his own sex.

Into the nowadays familiar crisis we can say that the cases of mild dysfunction or not separate themselves or reach reasonable agreements without necessity of strangers or thanks to the psychotherapy help. To the lawyers and the family courts arrive those severe cases of familiar dissolution where have not been useful the external influences as priests, advisers, couple and family therapists, marital meetings etc. Frequently they reject therapeutic help and the psychiatrist diagnosis are grave, talking about personality disorders or important neurosis and despite the severity of the disorder people continue appearing as normal to the eyes of the profane, it means without psychosis, without madness.

In the cases where they assist to the juridical functionary there are no ideal links between parent and children and the steps and requirements before described, generally have not been appear. The family judge must be aware that faces the reconstruction of deficient paternal links. In the couple level frequently there is nothing left to do, because they don't want a therapeutic process and one or both have already another couple or because the nature of the psychiatrist diagnose said to the therapist that the disorder is almost unchangeable. They are frustrating cases for psychotherapy: Would be appropriate forcing legal determinations of judicial level that protect the childhood and infancy.

Several times couples are linked by hate, the revenge and the retaliation, and most times by a economical link unbreakable. This is the hidden cause in most of the cases. In nowadays the men is not trained social and culturally to take care of their children. If they claim for them is for giving them to other woman or want to take the child with him because he see this kind as cheaper. Is frequently that he claim for the child later he has leave the diapers and they are rewarding objects for his narcissism or serve as instrument for aggression to his ex-wife without perceiving that hurts directly also his children.

The objective of visits

Often you can see the complaint of the men and the women that the one which has the children does not let the other see them. The answer is that visitors misbehave. From the children point of view, visits will be meaningful if with them, there is enlargement

of the affective link. If slowly you give with the visit to the child the message of partial protection and correction of the abandonment. The first feeling of the son in front of the separation is frustration about losing one of his parents. Goes through the stage of objection, denial, anger and resentment against the one who leaves, generally. But at the same time experience anger and censorship blaming the other parent for the dissolution.

The visit should become in a relation the most close to a normal living. Promote an almost daily communication, by phone and frequent attendance of the father with his son, with the objective that the missing parent, to keep the accomplishment of his functions of protection and affection with the son. For this, the visiting father must have time for all the moments of his son's life: sickness, homework, acquisition of elements, medical appointments and dental plans. That the visit does not be solely for the free days and holidays and in the moments of recreation, dividing itself more and more in one the rewarding role of recreation and other the moral, educative and of responsibility. This way of ideal visits, almost utopian, had also as a prerequisite at least the respectful and friendly treatment between the parents, the acceptance and processing from both of the separation and a great level of maturity and tolerance or external control to prevent the visit turn worst than the separation and does not turn into other way of torture for the broken nucleus.

There is no ideal place for the meeting of separated parents with their children. On first place should be given in the child residence. Are the parents who should visit the child, not the child who visit his parents. The visits sometimes give beginning to an early way of work to the child, giving fulfillment to the given sentence. Serving hours and rise early for going from here to there to join the visitor. Is the adult who must show attention, interest and dedication going where his child is. In no age is nice for a son, get prepared in a routinely way for the trip to his other parent's house. If the visit can not be in the son's residence and with the other parent's help, is better in a neutral place. When the visitor parent has formed a new couple is necessary the child help. Frequently the meeting between male child and his step father (oedipal rival) is a source of discord the same way as the meeting of the girls with her step mother (oedipal rival).

INTERVIEWING CHILDREN

In family process, in my opinion, should be used unless the child declaration; if they are in childhood or infancy, they will face difficulties when expressing themselves against their parents because for a child their parents are idols. If they testify against them it will start the circle of guilt followed by more aggression to the censored parent and new guilt.

The questioning and interview to a minor is a very sensitive labor. The decision in this process should be given by the arguments, proves and situations of the spouses and the concepts of family experts. A ten years old girl chooses in front of the Judge to stay with

her father. In the psychiatric interview she expressed surprise for the responsibilities and chores that the father require for himself. When questioning about the reason of her choice she said that if she choose her mother will loose her father. That on the contrary if she decides for her father her mother was unconditional with her. Frequently the mother continue visiting the girl.

Something different happen if the children are a teenager yet. On this age the teenager begin to think that their parents are not perfect and their eagerness for autonomy carry them to the second independence. To the parents of teenage sons is necessary tell them as the poet Khalil Gibran: " your children are not your children ... they come through you , but they are not yours and even if they live with you they don't belong to you".

Time is a crucial factor to regard in family process: On food demands is a matter of hours, for months custody. If is a quit of parental rights appears causes that risk the physical and physician life of the child that will be then like a medical urgency. In the real cases is not like that. Family processes are generally long. They can be three or more years. Meanwhile this happens the child pays with the wear of his life, the time and money that his necessary. The child will be teenager. The contemporary rise of the law for the family crisis is proving the necessity of the shortness on this case. The pediatrics teaches us lot of principles on this area, one of this is when is necessary to hospitalize a minor one adult can stay hospitalized with his son.

The national constitution and the minor code have legal principles of uncountable value and consistent with the needs for the normal growing. Is missing implement in practice the resources that make possible that theory. Meanwhile this does not happen the Constitution and the family law will be death letter and future generations will have each time less mental health despite of having pass for the family judges hands that in some cases lost the opportunity of straighten the process and in others help to their wear.

I want to express my arguments to those professionals that in their concepts have on mind before than affective link, the home luxury ones, the social and economical, the scholar level etc. So we see prosper son's custody process at the seven years age with the argument of the economical superiority of the father, unknowing the magnitude of the emotional damage at interrupting the affective relation that so far exist. A professional spawn a child with his maid and kept the silence the three first years of the child life. When the wife of him knows the truth, by mutual agreement they decide to request child custody for both. The maid sued for the kidnapping of her child and they obtain the provisional custody. Two years later by court ruling was gave definitely to the couple. Two years later with the intervention of the "Procuraduría" the mother obtain a shared custody: the child must be one year with the mother and one year with the father. Is harmful for everyone that the child lives and studies one year in a wealth neighborhood in a private college and the other year in a poor neighborhood and a public school.

Is necessary to educate whom spawn children for having personal and familiar appropriate conditions for the growing of the children even after the separation. Is necessary that the spouses, specially the men awareness, of the fulfillment of his economical and affective obligations even after the separation. Generally he leaves this engagements after the marital breakdown and create second and third homes over the misfortune of the first. We should underline how the needs of the child might require sacrifice and tolerance for the coexistence, meanwhile on the mother depends the little babies care. Is not devisable that exist pregnant and lactation woman without the proper father's protection. It should be set legal conditions that bind for the father's obligations. Only this way will exist difference between family judges and therapist for the difficult cases handling.

We do not have to ignore however, the existence of psychiatric conclusions that in some family cases, before than look for the coexistence of the parents, suggest the separation. This happen only in serious cases of mental disorders: in sadomasochists couples, in sociopaths disorders and addictions. "This ones the sociopath parents perform over the sons a harmful influence. Is necessary in the management of this cases aware the father his injurious behave for the child, discuss with him the problem until make him see the necessity of a separation" (Bowlby OMS⁶) . Fortunately this psychiatric diagnosis is more frequent in the man than in woman.

If in the judicial diligence of a prisoner adult, exist the criterion of the urgency and the legal terms, I regard necessary to insist in the criterion of the urgency of the family cases.

A final reflexion: what we give to our children now, they will give to the next generation. So it says the poet

6 *Ibid*

"Son: If you want to love me you can do it.
Your love is gold that I never disdain
Never in my anguishes for seeing you happy
I have chart signs of percentage.
But I want you to understand that you don't owe me nothing.
Now I am the father I have the dues.
Now little, I want to guide you:
My travel agent will charge you.
It will be a child of you, drop of your blod
It will present a check of one hundred thousand labors ...
And so my child, as an honest man
To your own child you must pay.

Rudyard Kipling

Surely I am going to get a little bit of the optimism from what has been treated
 women's subject. Because the perspective from the medical and psychiatric point of
 view doesn't allow me that I have this optimism, until certain point comes in previous
 interventions.

There are families groups that function properly, normally with successful women
 with respect between the couple members, with solidarity, love and protection. They
 give appropriate rules to their kids and support them with their behavior and intellectual
 concepts. I wish to express to this family group my recognition voice. They will form
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 the practice of medicine has not with problem cases, with the single mother, with
 the only one parent house, where generally is the woman head of family. In this
 case, for general rule, the woman and child support the major quantity of physical
 and psychological pain.

I begin highlighting what medicine considers what a woman should receive from a family
 and into a society. And as a psychiatrist, talking about symptoms, symptoms that the
 children and for a woman across the generation tell, the children.

THE WOMAN DEVELOPMENT AL FAMILY PROCESSES

Dra. Maria Idalid Carreño S⁷

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 fallen down when they said that the woman must have some rights than men. That is
 not true. They should have priorities. Women are not the same as men. In words of
 Bruno Bettelheim, "scholastic psychology" men and women are not totally the same
 and do not completely different. Because the different biology of the woman makes
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⁷ National University Doctor. Militar Nueva Granada University Psychiatrist

Surely I am going to get a little bit of the optimism frame where has been treated woman's subject. Because the perspective from the medical and psychiatric point of view, doesn't allow me that I have this optimism, until certain point constant in previous interventions.

There are familiar groups that function properly: normally with successful women, with respect between the couple members, with solidarity, love and protection. They give appropriate rules to their kids and support them with their behave and theoretical concepts. I wish to express to this familiar group my recognition voice. They will form "good citizens" to use a fashionable phrase. Unfortunately these familiar groups with possibly happy women are few. Is not to this group what I am going to refer because the practice of medicine face me with problem cases , with the single mother, with the only one parent homes, where generally is the women head of family. In this cases, for general rule, the women and child support the mayor quantity of physical and psychological pain.

PROCREATION

I begin highlighting what medicine considers what a women should receive into a family and into a society. And as a psychiatrist talking about some requirements that the psychological science recommend for a women meets the gestation roll, the childbirth, the lactation, the parenting and the kids education.

I consider necessary to ask in the name of unfortunate women that I see daily, effective protection from the State and society. Is missing that the state and the society through their staff, its professionals, its institutions and lows, really protect millions of women and children and in this way protect the familiar group including the men; the child, father of the future men.

RECOGNITION OF THE DIFFERENCE

Some familiar groups have diverted some of their wailing to wrong causes or have fallen short when they said that the women must have same rights than men. That is not true. They should have priorities. Women are not the same as men. In words of Bruno Bethlehem⁸, admirable psychoanalyst "men and women are not totally the same and do not completely different" Because the different biology of the woman makes that her has biological commitments, psychological and social unique in its gender with the specie, of crucial importance with the children and for that reason they should have more rights, opportunities, priorities and why not to tell it mayor privileges. Because is the woman who carries the pregnancy responsibility. As poetically I heard last night

⁸ Bettelheim, Bruno. *Education and modern.life*. Grijalbo Publishing house Barcelona 1982

the setting up of this congress to the poet Dora Castellanos: "The female in the infinite universe is the only that bleeds and her body set noted by the stigmata of love".

Some female wailings goes to pursuit alleged freedoms for example, to match men in some vices. Instead, have not made enough emphasis in all the overload that the maternity implies for the worker woman that has dedicated to share the economical hardship with her husband, but he does not share with her the home day trip

The maternity, period that should awake the most noble feelings, is not always like this. The beautiful function of the maternity can carry in some cases: overweight, varicose syndromes, renal deficiency, back pain, decreased muscle strength, distension of the tissues, decreased of the self-esteem, decrease in the job performance with notification of their bosses and the loss of the job. In other cases can manifest in malnutrition for her and intrauterine malnutrition for the product, loss of teeth, loss of hair, anemia, psychosis and with the absence of parental control, other complications and even the death.

When a woman organize her familiar nucleus and gets ready for her functions as wife and mother should have into our social organization with some requirements:

1. **Couple relationship.** Must have her loving man that use great part of her energy to her including the economical. If it is not like this, in this monogamous culture, especially for the women, where the marriage in consider as her victory, decrease the bases of the future family. Winnicot said " for a woman to be a good mother should have a good husband. There are societies where the woman, plays the roll of maternity regardless her husband or couple, but with a social support. And is in this society where the men is watched in the performance of his protection functions and thus giving his status as father and husband.
2. **Health.** The woman must have acceptable health and if the pregnancy begins must count with economic resources to sustain her health. Must have enough free time to go to the consultations, exams and diagnostic and therapeutic procedures that during nine months of gestation and six months more of puerperium are essential

Should not be permitted that a pregnant woman has long periods of work, and both house and job work. Neither should be advisable certain professions or jobs during the gestation. We can make a synthesis of the past ideas saying that the woman needs to be the fundamental pillar of her family a good health, education, recreation, depending obviously of a good economic level. For the medicine misery is a serious illness and so serious that this persists.

WORKER WOMAN

Some worker women who earn little quantities of money and long day trip, arrive to her homes and perform the other day trip, the domestic one. Spread her little earnings between the lot of children and in some cases also for her husband an alcohol addict. Have poor nutrition, absence of recreation, affective flattening and for this reasons she can not perform her mother roll. In this miserable condition they just can reproduce daughters with masochist personality disorder as her and boys with the patterns of social and individual ineptitude as their fathers.

The pregnant woman is limited to protect herself, and to protect her children. Is fragile and what to say about those cases where came the couple separation during the gestation or with the minor with few years. In the separation phenomenon generally is men leaving – women abandoned. Some men when leaves his wife abandon his children too. Because the paternity is not for them an experiential personal phenomenon. The men only can be father, in the quantity his wife can be mother. If he breaks with her, is frequently that breaks with her children and in some cases of apparent continuity, the union keeps with aggressive mechanisms. The abandoned and lonely mother has less social mobility than her husband, grater moral restrictions, more mother-son obligations, things which will take impairment of her mental health with time. Should be necessary to implement administrative – governmental mechanisms that look after the one-parent nucleus that generally has a woman as leader in home. The government, the legal thought and their different implementers has not proved to have enough brightness over the sacred duty that exists about suitable feeding obligation to the child and surely the pregnant mothers. The malnutrition during the pregnancy and first years of a child life cause sever e stigma in the future physic and mental personality reaching the mental retardation, one of our underdevelopment.

FOOD

It is for me as a psychiatrist a true amazement that in the legal process is required that the mother of the child or her legal representative shows the economical capacity of the father. Is a shame for the specie to see a line of mothers with their dirty face children in the court doors waiting for the tiny and derisory share that has been assigned for food. Each time has been leaved this duty only on the men of the women. It does not meet the Homo sapiens with holly functions that for example the birds meet fully. The low specie of birds carry the food to their sons to their nests. But we find a lot of men that passive or active elude this responsibility, to certain point, covered by the uselessness of the legal systems. The woman rising supports this abandonment and gets undernourished beside her children.

EMOTIONAL NEGLECT

The mother must spend the mayor possible quantity of time from the birth until the three years. Is harmful for child mental health that time is taken away for investing in low process. I' ll say without fear to exaggerate that are the courts and human science professionals the ones that must move to the new mother's home to help her in her necessities. The time that the mother give to her minor child, will be a well spended time, not as it is heard, that if the mother is professional, this will be a loss for her profession. Better than the mother be professional but set her knowledge and personal growing to her raising labor.

MOTHER SON ATTACHMENT

It is uncommon that children under two years of age accompany her mothers to the courts. They wait in their homes. What to say in this case of the affective abandonment. The economically abandoned mother for her partner goes after him, or after economical help or a job and so on the child has lost father and mother. Jean Piaget, John Bowlby⁹, René Spitz¹⁰, Winnicott¹¹ and several other had proved that if a creature has not on his two first years of age with a good mother, will have in his adult life a physic disorder. Naturally, the most abandoned time, the more alterations. For this reason must be a permanent fight from the woman asking for the nurseries beside labor places, lactation time, shorter workday without lees payment.

The pregnant and the little children women needs help for his partner, of the State, of wealthy people, of the institutions. That this will mean a great investment! Is true, but just like this will be less in the future the number of people inmates in jails, corrections, psychiatric clinics, and will decrease the crime, the delinquency, the violence and other prejudicial ways of our community.

The social change have generated some conquest for the woman, but also has bring loss. Nowadays it is underestimate the riising labor. The worthy home function of feeding us and it has been weakened the importance of the mother – son couple. The woman has reached to the culture and the work it is true but with hers and her son's sacrifice and in some cases with more comfort for the men. Wanting that the father participate in the raising has reached ends that the motherhood do not be unique and priority. Asking for a child to take care from his father, not for this must be weakened his link with her mother. Unfortunately grow the number of process of custody asked by fathers, under invalid causes for the psychiatry, as the higher social – economical level of the father, more education, professional or social. A quantity of this cases is reasoned because the mother asks economical help, the men thinks that if they were with him, this will represent low cost.

9 Bowlby, Jhon. *Affective link* Paidos.publishing house Buenos Aires, 1976

10 Ibid

11 Ibid

VISITS

When the men is fined with an food tax demands as consideration of his ex – wife, and in some cases seemed that from their children too., begins the freak of the visits. In the disintegrated families the father goes lots of times looking for a gratification for him but not for accomplish their pattern obligations. In this way he only appears at home when he is on free time, on vacations on Sundays and holydays. Because his function is not priority. Do not move for the sickness of the child, either for the scholar labors or to take suitable money to his people. He turns in a pattern figure that makes recreational functions. Is associated for the kids to the bought of ice cream, or the visit to the park. This gives a grave distortion in how must be adult men and women.

The fact that the legislation takes the visit more as a gratification for the adult, I have seen exemplified in those requests of lawyers and in cases that says that the child stay the father's birthday with the father, the mother's with the mother, the Christmas with one, the new year with the other, the Saturdays with her and the holydays with him. Half of vacations with one and the other half with the other. Is a distribution that sets the points of view of the adults and not the psychological necessities of the child, those even nowadays are few known.

TEENAGE

Boys and girls recognize that if father gives something, that is for fun. The mother otherwise demand the accomplish of rules, corrects, punish, generating in her sons the desire of leaving her and goes with their father. When this happens the children generally gets close to the teenage. This young in crisis, with their home disintegrated are bound to conform new family chaotic nucleus; formed by teenagers with similar histories and begin again a traumatic life story similar to the previous: of their parents.

The advances of the woman have been lots, but in this achievements have been loose old rights the woman had and special considerations in her maternity. She and the children are nowadays the more slaughtered by the changes.

For the men that in healthy and voluntary way keeps accomplishing with his function of husband and father in woman's, society and children benefit, my voice of recognition and respect.

Special thanks to translators
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